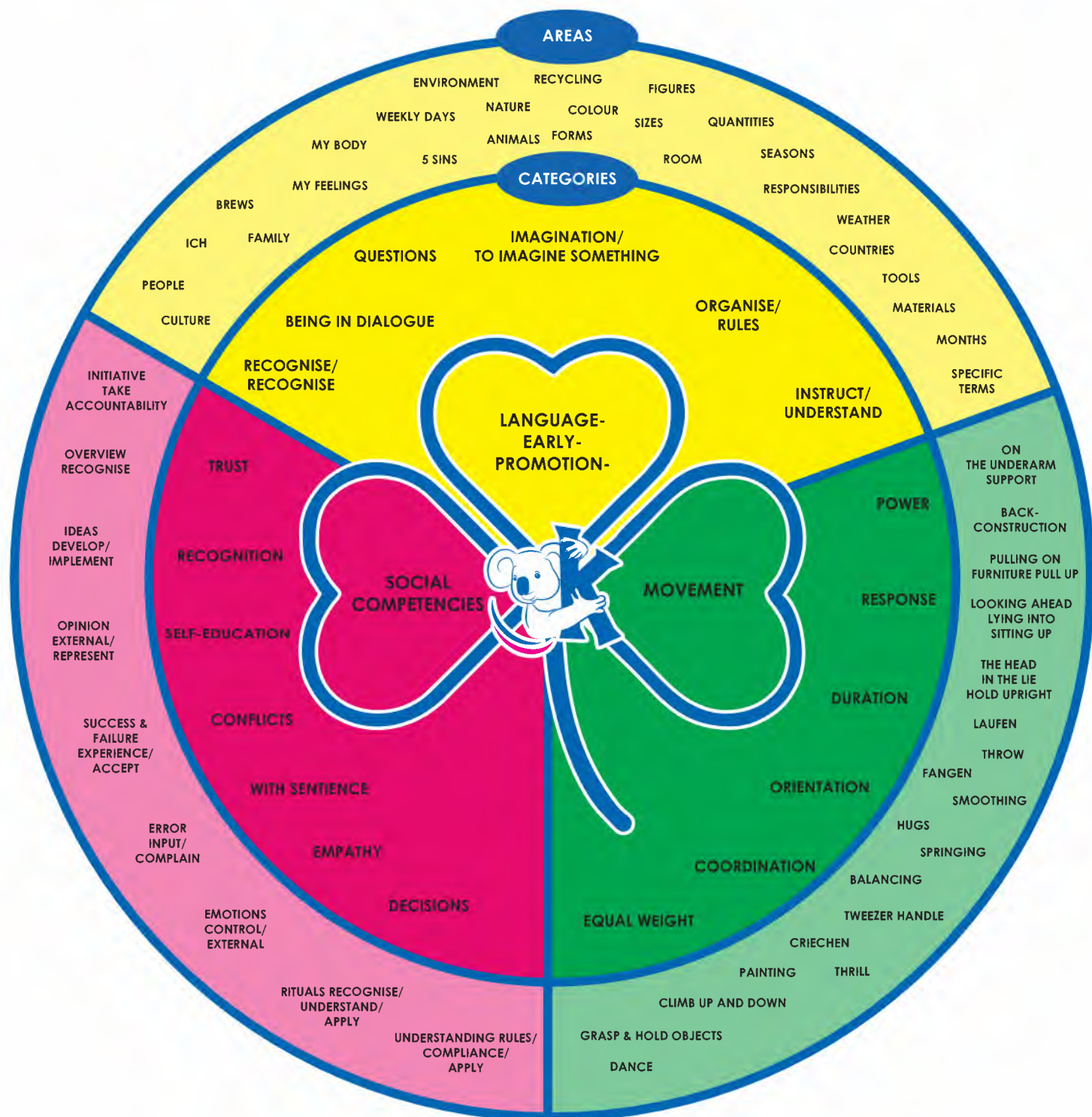


## SPECIAL COMPETENCIES



Kimby helps every child build their self-esteem and confidence through through early language, movement and social skills programmes. social skills.

# Early Language Development

## German or Bilingual

Learning German: understanding words, distinguishing terms, assigning them and using them correctly. Experimenting with sounds and words, playing, experiencing the rhythm of language.

At Kimby, we promote language skills in the categories:

- ↳ naming/recognising
- ↳ instructing/understanding
- ↳ organising/rules
- ↳ Being in dialogue
- ↳ Asking questions
- ↳ Imagination
- ↳ making things up

Kimby's exercise areas are:

- ↳ People/Culture/Family/Customs
- ↳ Me/my body/my feelings/5 senses
- ↳ Nature/animals/environment/recycling
- ↳ Colour/shapes/numbers
- ↳ Sizes/quantities/space
- ↳ Seasons/Weather/Days of the week/Months
- ↳ Objects/tools/materials
- ↳ Phrases/Specific terms



Kimby's Toolbox Early Language Development

	Name/ Recognise				Understand & carry out instructions				Organise/ Assign/ Compare / Rules understand & respect				Be in dialogue/ active exchange/ own Represent opinion				Ask questions/ Help claim				Imagination/ Mindsets/ Strategies/ Imagination			
	18	24	36	48	18	24	36	48	18	24	36	48	18	24	36	48	18	24	36	48	18	24	36	48
Ages (months)	18	24	36	48	18	24	36	48	18	24	36	48	18	24	36	48	18	24	36	48	18	24	36	48
People/ Culture/ Family/ Customs	A1	B1	C1	D1	E1	F1	G1	H1	I1	J1	K1	L1	M1	N1	O1	P1	Q1	R1	S1	T1	U1	W1	V1	X1
I/ my body/ my Feelings/ 5 senses	A2	B2	C2	D2	E2	F2	G2	H2	I2	J2	K2	L2	M2	N2	O2	P2	Q2	R2	S2	T2	U2	W2	V2	X2
Health/ Nutrition	A3	B3	C3	D3	E3	F3	G3	H3	I3	J3	K3	L3	M3	N3	O3	P3	Q3	R3	S3	T3	U3	W3	V3	X3
Nature/ Animals/ Environment/Recycling	A4	B4	C4	D4	E4	F4	G4	H4	I4	J4	K4	L4	M4	N4	O4	P4	Q4	R4	S4	T4	U4	W4	V4	X4
Colours/ Shapes/ Numbers/ Sizes/ Quantities/ Space	A5	B5	C5	D5	E5	F5	G5	H5	I5	J5	K5	L5	M5	N5	O5	P5	Q5	R5	S5	T5	U5	W5	V5	X5
Seasons/ Weather/ Weekdays/ Months	A6	B6	C6	D6	E6	F6	G6	H6	I6	J6	K6	L6	M6	N6	O6	P6	Q6	R6	S6	T6	U6	W6	V6	X6
Objects/work witnesses/ materials	A7	B7	C7	D7	E7	F7	G7	H7	I7	J7	K7	L7	M7	N7	O7	P7	Q7	R7	S7	T7	U7	W7	V7	X7
Means of transport	A8	B8	C8	D8	E8	F8	G8	H8	I8	J8	K8	L8	M8	N8	O8	P8	Q8	R8	S8	T8	U8	W8	V8	X8
Idioms/ Specific terms	A9	B9	C9	D9	E9	F9	G9	H9	I9	J9	K9	L9	M9	N9	O9	P9	Q9	R9	S9	T9	U9	W9	V9	X9

# Early Language Development






## German or Bilingual

Kimby ensures that the language requirements for screening are met in an age-appropriate manner (12-48 months) according to the recommendation of the Swiss Paediatric Society.

Language requirements Preliminary examinations			
18 months	24 months	36 months	48 months
Reference eye contact	Reference eye contact	Why and Where Questions	Cooperates
Can express intentions	What? 1-2 word questions	Language understandable for third parties	Makes main and Subordinate clauses
Speaks 10-20 words/ One-word sentences	Can express intentions linguistically, two-word and multi-word sentences.	Says 'I	Understand 'being tired, hungry have'
Gives an object when prompted	Says 'No	Asks about absent persons	Can make good phone calls
	Speaks 20-50 words	Holds small conversation	Can short stories understand and tell
	Addresses word to counterpart	Names animals, objects, colours	Knows main colours
	Calling a spade a spade	Makes multiword sentences	Understands multipart Calls
	Understands simple prompts	Multiword sentences, diff. Vocabulary	Prepositions
	Follows adult conversation	Past, plural	Asks for meaning of Words
		Knows and says its pre and surnames	

### Kimby's Methods Early Language Development:

#### Kimby's German modules for early language development:

-  **Whole group:** morning and afternoon circle with repeated rituals, movement songs, counting rhymes, circle games, weather wheel, month wheel, calendar, office schedule, Punch and Judy show, story time....
-  **Small groups/individual support:** age-appropriate play and learning stations (guided sequences) with pedagogical teaching aids (picture and symbol cards, various table, floor and movement games, ...)
-  **Whole group:** free play zones for socialisation (role play, reading corner, construction games...)
-  **Playful learning with stations:** alternating learning in sitting & standing, loud & quiet, alone or together, spatial orientation, autonomy
-  **In-depth learning with monthly themes/project weeks in various development areas:** Fine / gross motor skills, experimenting, movement, language, nature & environment, handicrafts & design, baking & cooking, singing & making music, 5 senses, excursions...Translated with [www.DeepL.com/Translator](http://www.DeepL.com/Translator) (free version)

# Movement

## Sport

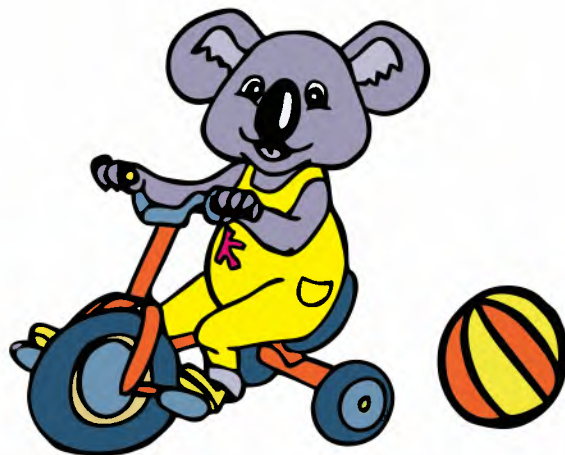
Build and strengthen dexterity, self-confidence and self-esteem through movement. Thanks to Kimby, discover, build and strengthen coordination, reaction speed and a feeling for the use of one's own physical strength from an early age through play with a variety of movement options.

### The categories are:

- ↳ Coordination
- ↳ Reaction
- ↳ Orientation
- ↳ Balance
- ↳ Strength and endurance.

### Kimby's exercise areas include:

- ↳ Keeping the head upright when lying down
- ↳ turn from the back to the stomach
- ↳ pull themselves up on furniture
- ↳ Leaning up from lying down to sitting down
- ↳ Leaning on the forearms
- ↳ run/throw/catch/slide/hop/jump/balance/crawl
- ↳ Climb up and down
- ↳ Grasp & hold objects
- ↳ Pinzettengriff
- ↳ doodle / paint / dance



Kimby's Toolbox Movement

	Coordination				Reaction				Orientation				Balance				Power				Endurance			
Ages (months)	18	24	36	48	18	24	36	48	18	24	36	48	18	24	36	48	18	24	36	48	18	24	36	48
Keep the head upright when lying down	A1	B1	C1	D1	E1	F1	G1	H1	I1	J1	K1	L1	M1	N1	O1	P1	Q1	R1	S1	T1	U1	W1	V1	X1
vom Rücken auf den Turn belly	A2	B2	C2	D2	E2	F2	G2	H2	I2	J2	K2	L2	M2	N2	O2	P2	Q2	R2	S2	T2	U2	W2	V2	X2
Pulling yourself up on furniture	A3	B3	C3	D3	E3	F3	G3	H3	I3	J3	K3	L3	M3	N3	O3	P3	Q3	R3	S3	T3	U3	W3	V3	X3
Leaning up from lying down to sitting down	A4	B4	C4	D4	E4	F4	G4	H4	I4	J4	K4	L4	M4	N4	O4	P4	Q4	R4	S4	T4	U4	W4	V4	X4
Leaning on the forearms	A5	B5	C5	D5	E5	F5	G5	H5	I5	J5	K5	L5	M5	N5	O5	P5	Q5	R5	S5	T5	U5	W5	V5	X5
Running	A6	B6	C6	D6	E6	F6	G6	H6	I6	J6	K6	L6	M6	N6	O6	P6	Q6	R6	S6	T6	U6	W6	V6	X6
Throwing	A7	B7	C7	D7	E7	F7	G7	H7	I7	J7	K7	L7	M7	N7	O7	P7	Q7	R7	S7	T7	U7	W7	V7	X7
Catch	A8	B8	C8	D8	E8	F8	G8	H8	I8	J8	K8	L8	M8	N8	O8	P8	Q8	R8	S8	T8	U8	W8	V8	X8
Chutes	A9	B9	C9	D9	E9	F9	G9	H9	I9	J9	K9	L9	M9	N9	O9	P9	Q9	R9	S9	T9	U9	W9	V9	X9
Bounce	A10	B10	C10	D10	E10	F10	G10	H10	I10	J10	K10	L10	M10	N10	O10	P10	Q10	R10	S10	T10	U10	W10	V10	X10
Jumping	A11	B11	C11	D11	E11	F11	G11	H11	I11	J11	K11	L11	M11	N11	O11	P11	Q11	R11	S11	T11	U11	W11	V11	X11
Balancieren	A12	B12	C12	D12	E12	F12	G12	H12	I12	J12	K12	L12	M12	N12	O12	P12	Q12	R12	S12	T12	U12	W12	V12	X12
Climbing up & down	A13	B13	C13	D13	E13	F13	G13	H13	I13	J13	K13	L13	M13	N13	O13	P13	Q13	R13	S13	T13	U13	W13	V13	X13
Creep	A14	B14	C14	D14	E14	F14	G14	H14	I14	J14	K14	L14	M14	N14	O14	P14	Q14	R14	S14	T14	U14	W14	V14	X14
Grasp & hold objects	A15	B15	C15	D15	E15	F15	G15	H15	I15	J15	K15	L15	M15	N15	O15	P15	Q15	R15	S15	T15	U15	W15	V15	X15
Pinzettengriff	A16	B16	C16	D16	E16	F16	G16	H16	I16	J16	K16	L16	M16	N16	O16	P16	Q16	R16	S16	T16	U16	W16	V16	X16
Scribbling/ Painting	A17	B17	C17	D17	E17	F17	G17	H17	I17	J17	K17	L17	M17	N17	O17	P17	Q17	R17	S17	T17	U17	W17	V17	X17
Dance	A18	B18	C18	D18	E18	F18	G18	H18	I18	J18	K18	L18	M18	N18	O18	P18	Q18	R18	S18	T18	U18	W18	V18	X18

# Movement

## Sport

Kimby offers fine and gross motor programmes to meet the motor requirements for screening according to the recommendation of the Swiss Paediatric Society:

Motor function requirements Preliminary examinations			
18 Months	24 Months	36 Months	48 Months
Stands up freely, good balance	Can walk independently, forwards and backwards	Climbs stairs freehand in the readjustment step	alternating step
Can walk independently, forwards and backwards	Runs	One leg stand demonstrated short	Single leg stand a few seconds
Comes up stairs, down stairs	Climbing up stairs, down stairs	Rides tricycle	Single leg bounce
Grips with pincer grip, handles bimanually	Stops, changes direction	Bipod hopping safe	Carries a filled glass
Takes, gives sultanas from bottle	Plays football, throws ball	Stringing a pearl necklace	Grasping / throwing / bouncing the ball
Tipping contents out of bottle	Climbs onto children's chair and sits down	Cuts one-handed	Opening and closing buttons
Leafs through picture book	Bipod hopping	Kritzelt	Draws head fins
Vertical building (2-3 blocks)	Handles bimanually	Vertical and horizontal building with blocks	
Functional playl	Uses cup, spoon independently	Planned symbol play	Follow the rules of the game
Inserting Individual Shapes into Shape Box	Washes hands	Anticipates formbox shapes	Can distinguish short long line
Does chores after	Does chores after	Can trace line	Gives 3,5 etc. when asked. Items
Uses cup, spoon independently	Building vertically (5 blocks)		
Gives doll to eat	Building horizontally (train)		
Scribbles spontaneously	Screw on the cover		
	Looks at picture books		
	Takes off clothes		
	Sequential play		

### Kimby's methods for promoting movement:

-  Hindernis Parcours
-  Sinnes Parcours
-  Gumpi/ Movement Room
-  Kids Zumba, Baby Gym, MuKi-Turnen, Kids Yoga

# Social skills

## Society and coexistence

Build and master social skills through: Taking initiative, protecting oneself from assault, representing one's own ideas/ opinions, coping with success and failure, learning from mistakes, understanding and respecting others.

**Kimby builds and consolidates each child's social skills in the categories:**

- ↳ Perception
- ↳ Self-pedagogy
- ↳ Trust
- ↳ Decisions
- ↳ Conflict
- ↳ Empathy-Compassion

**The exercise areas are:**

- ↳ Take the initiative
- ↳ Recognise assaults
- ↳ Develop/implement ideas
- ↳ Expressing/representing opinions
- ↳ Accept success & failure
- ↳ Admit / overcome mistakes
- ↳ Expressing/controlling emotions
- ↳ Recognise/understand/use rituals
- ↳ Understand/apply/adhere to rules



**Kimby's Toolbox Social Competences**

	Perception				Self-employment				Trust				Decision				Conflicts				Empathy / Compassion			
Ages (months)	18	24	36	48	18	24	36	48	18	24	36	48	18	24	36	48	18	24	36	48	18	24	36	48
Take initiatives	A1	B1	C1	D1	E1	F1	G1	H1	I1	J1	K1	L1	M1	N1	O1	P1	Q1	R1	S1	T1	U1	W1	V1	X1
Recognise assaults	A2	B2	C2	D2	E2	F2	G2	H2	I2	J2	K2	L2	M2	N2	O2	P2	Q2	R2	S2	T2	U2	W2	V2	X2
Developing ideas, implementing them	A3	B3	C3	D3	E3	F3	G3	H3	I3	J3	K3	L3	M3	N3	O3	P3	Q3	R3	S3	T3	U3	W3	V3	X3
Expressing and representing an opinion	A4	B4	C4	D4	E4	F4	G4	H4	I4	J4	K4	L4	M4	N4	O4	P4	Q4	R4	S4	T4	U4	W4	V4	X4
Experience success	A5	B5	C5	D5	E5	F5	G5	H5	I5	J5	K5	L5	M5	N5	O5	P5	Q5	R5	S5	T5	U5	W5	V5	X5
Experience failure, accept it	A6	B6	C6	D6	E6	F6	G6	H6	I6	J6	K6	L6	M6	N6	O6	P6	Q6	R6	S6	T6	U6	W6	V6	X6
Admit mistakes, cope	A7	B7	C7	D7	E7	F7	G7	H7	I7	J7	K7	L7	M7	N7	O7	P7	Q7	R7	S7	T7	U7	W7	V7	X7
Experience frustration, accept it	A8	B8	C8	D8	E8	F8	G8	H8	I8	J8	K8	L8	M8	N8	O8	P8	Q8	R8	S8	T8	U8	W8	V8	X8
Expressing and controlling emotions	A9	B9	C9	D9	E9	F9	G9	H9	I9	J9	K9	L9	M9	N9	O9	P9	Q9	R9	S9	T9	U9	W9	V9	X9
Recognising, understanding and applying rituals	A10	B10	C10	D10	E10	F10	G10	H10	I10	J10	K10	L10	M10	N10	O10	P10	Q10	R10	S10	T10	U10	W10	V10	X10
Understand, apply, comply with rules	A11	B11	C11	D11	E11	F11	G11	H11	I11	J11	K11	L11	M11	N11	O11	P11	Q11	R11	S11	T11	U11	W11	V11	X11
Show consideration	A12	B12	C12	D12	E12	F12	G12	H12	I12	J12	K12	L12	M12	N12	O12	P12	Q12	R12	S12	T12	U12	W12	V12	X12
Show willingness to help, offer/accept help	A13	B13	C13	D13	E13	F13	G13	H13	I13	J13	K13	L13	M13	N13	O13	P13	Q13	R13	S13	T13	U13	W13	V13	X13
Getting to know cultures	A14	B14	C14	D14	E14	F14	G14	H14	I14	J14	K14	L14	M14	N14	O14	P14	Q14	R14	S14	T14	U14	W14	V14	X14

# Social skills

## Society and coexistence

Kimby ensures that recurring sequences in the weekly schedule meet the requirements for developing social skills for screening according to the recommendation of the Swiss Society of Paediatrics in an age-appropriate manner (12-48 months).

Requirement for social competences preliminary examinations			
18 Months	24 Months	36 Months	48 Months
Self-regulation	Self-regulation	Self-regulation	Self-regulation
Asks for help	Defiance, jealousy	Cooperates	Dresses without guidance
Acts of defiance	'Understands' counterpart, other children	Seeks child contacts	Understands counterpart role play
	Can play alone	Helps in the household	negotiated discussed
	Recognises herself in the mirror	Knows his gender	knows his sex
		Can put on individual clothes	
		Eats independently with spoon	

### Kimby's methods on social skills:

 **Kimby's** social skills modules

 **Kimby's Tools:** Perception games, independence exercises, trust exercises, decision-making situations, conflict resolution techniques, awareness modules: Empathy-Compassion.  
**Role plays: Values, living together**



**Kimby help**  
**children develop**  
and **fulfill** their  
**unique potentials**